Packing List for China

Key Documents		
Physical copy of your authenticated bachelor's	Digital copy of your authenticated bachelor's	
degree, police check and TEFL/ TESOL/ CELTA	degree, police check and TEFL/ TESOL/ CELTA	
certificate	certificate	
Original Degree Certificate	Copy of important contacts at your school	
Driving licence/ ID card copy	Passport scan copy	
Debit/ credit cards	Copy of debit/ credit cards	
International insurance policy document (if purchased)	Medical prescriptions	
Original signed Medical Check Document (if completed in your home country)	Digital Copy of signed Medical Check Document (if completed in your home country)	

General Items		
Toiletries	Feminine products	
Any specialist hair or beauty products	Vitamins	
Sunscreen	Small Umbrella	
Waterproof coat	Birth control	
Generic medicines such as paracetamol,	Any of your favourite snacks or home comforts	
ibuprofen	(it may be difficult to find them in China!)	
Pocket Chinese Phrasebook		

Clot	hing	
What will be suitable will be dependent on your location within China. If in doubt, bring clothes		
all 4 seasons.		
Women	Men	
Those under 5'5 and with a small build will	Those under 5'10 will easily find clothes to fit in	
easily find clothes to fit in any shop. If not, it's	any shop. If not, it's advisable to bring sufficient	
advisable to bring sufficient clothing for the	clothing for the year.	
year. Shoes are widely available to buy up to a	Shoes are only widely available to buy up to a	
size EU40/ US8/ UK6.	size EU43/ US10/ UK8.	
At work: Most public schools do not enforce a dress code, so business casual dress is acceptable.		
E.g trousers and a polo shirt/ top. Avoid revealing clothing, and if you have tattoos then ensure		
you bring clothing that allows these to be covered while at school.		
One formal outfit such as trousers, shirt and tie/ dress, for presentations, formal events or dinner		
Shirts	T-Shirts	
Skirts/ trousers	Light and heavy jumper	
Winter jacket	Shoes, trainers, sandals, comfortable work	
	shoes	

Electronics		
Laptop/ tablet – note insurance is	Battery pack for cell phone	
recommended if an expensive model		
Unlocked cell phone – easy to buy on arrival,	USB stick and/or external hard drive	
but you may prefer to use your smartphone		
Plug adapters (take at least 3)	Hair straighteners/ curlers	

Arrange a VPN prior to departure and install on	Electric Razors
your mobile, tablet or laptop devices	

Teaching Aids		
A few favourite books to share with your class	Photographs from home that may be of interest	
	to students	
Some small gifts from your home country to	USB with pre-prepared teaching materials/	
give to your Teaching Assistant/ Principal	videos/ songs etc.	



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